Risk Assessment

Type of Trip: Friends recreational kayak trip Venue: River Alwn Grid Reference: 000079 Access 032466 Egress 050436 Date of visit: 14/10/17

http://rainchasers.com/river/alwen/llanfihangel-glyn-myfyr-a5-road-bridge River Alwen (N.B. Access at Bettws Gwerfil Goch; park at church)

River Alwen http://rloi.naturalresources.wales/ViewDetails?station=4166 See video https://youtu.be/Uek6IOEL2W0

	2	3	4	5
What is the hazard?	Who might be harmed?	How may the risk be adequately controlled?	What further action is necessary?	Review comments Review date
Access: Bettws Gwerfil Goch	Club Members	S = 2 L = 2 = 4 Low	Correct supervision and group control by	
before bridge, park at Church		River Level = 1.02	instructor, safety brief	
Egress: after bridge at A5 old road	Club Members	S = 2 L = 2 = 4 Low	Correct supervision and group control by	
bridge at Plas Isaf.		River Level = 1.02	instructor, safety brief.	
Grade 2 Rapids; continuously until		S = 4 L = 4 = 16 High	Check Environment Agency or Rain chasers	
you reach River Cierw confluence,	Club Members		for Current River levels for appropriate levels	
this is the beginning of the Grade 3				
section. 1 st Section "Wave train".			Correct supervision and group control by	
Next section initially flat before the			instructor, safety brief	
more demanding section, bear left				
then immediately right for "Wave				
train" and "Rock" drops.				
Note: main danger are				
"Overhanging" branches and				
two stock wire fences,				
particularly in the Spring,				
Summer & Autumn months				
before River Cierw confluence.				
Note; weir near the end of trip				
Stock Fences across the river; After		S = 5 L = 4 = 20 High	See map on rainchasers & video. Correct	
access 800m, 1 st bend 031462,	Club Members		supervision and group control by instructor,	
parallel with Church car park. 2 nd			safety brief	
600m after bridge, river bends to				
right.				

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Drowning - "Overhanging" branches	Club Members	S = 4 L = 4 = 16 High	Check Environment Agency for Current River levels at Llanerfyl. Correct supervision and group control by instructor, safety brief. Apply "Buddy" checks on helmets & buoyancy aids, boats	
Over hanging tree or strainers	Club Members	S = 4 L = 4 = 16 High Identify hazard areas to paddlers.	Correct supervision and group control by instructor, safety brief. Advised to avoid & informed how to escape entrapment.	
Medicinal risks	Club Members	S = 2 L = 2 = 4 Low Friends not taking necessary medication. Unauthorised consumption of medication	Agreed action between participants &instructors of routine consumption of necessary medication. Instructors may hold any necessary medication on request/agreement of participant involved.	
Weather & Environmental Conditions	Club Members	S = 5 L = 5 = 25 High Floods	Check weather forecast & river levels. Dynamic risk assessment. Re-locate or cancel if inappropriate to group ability	
Weir; 0404438	Club Members	S = 5 L = 5 = 25 High	Portage; egress into large field below junction to junction to Bala & "Wind sock". Walk towards weir and access from the large stones below weir.	Access from stones as the river is fast flowing & can get caught in "Strainers".

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Weather related injury Hypothermia Hyperthermia.	Club Members	S = 3 L = 3 = 9 Med Advised on appropriate clothing to wear. Adjustment to clothing as required, e.g. use of wet to dry suit depending on weather forecast, temperature & time of year.	Check weather forecast. Dynamic risk assessment. Correct supervision and group control by instructor, safety brief; recommended kit to wear. Sun block, extra water, hot drink, change of clothing Group shelter	
Slips, trips & falls	Club Members	S = 3 L = 3 = 9 Med Identify hazard areas to paddlers.	Correct supervision and group control by instructor, safety brief. Dynamic risk assessment.	
Sprains, strains, soft tissue injuries	Club Members	S = 3 L = 3 = 8 Low Trained to lift correctly. Ask for help. Trained to paddle correctly.	Dynamic risk assessment. Correct supervision and group control by instructor, safety brief. On-going training in manual handling	
Pollution & water quality	Club Members	S = 3 L = 3 = 9 mod Advised to bath/shower after paddle. Made aware of flotsam	Risks higher in "Spate" conditions. Avoid intentional capsize in poor conditions	

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Other river uses	Club Members	S = 3 L = 3 = 9 Med Paddlers instructed to be aware of other uses & how to take appropriate action to avoid them.	Dynamic risk assessment. Correct supervision and group control by instructor, safety brief.	
Illness & fatigue	Club Members	S = 3 L = 3 = 9 Med Paddlers to inform instructors	Correct supervision and group control by instructor, safety brief. Dynamic risk assessment. First aid kit, food and water, evacuation procedures and assistance.	
Road Traffic accident Breakdown	Club Members	S = 5 L = 4 = 20 High Paddlers to follow instructions from leaders	Dynamic risk assessment. Correct supervision and group control by instructor, safety brief. First aid kit, food and water, evacuation procedures and assistance.	
Equipment: unserviceable	Club Members	S = 2 L = 3 = 6 Low Loose seat, footrest, ratchets, missing bung,	Periodic safety checks of equipment, qualified instructors.	

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What is the hazard?	Who might be harmed?	How may the risk be adequately controlled?	What further action is necessary?	Review comments Review date
Fisherman; line & hook causing facial injuries		S = 2 L = 2 = 4 Low Identify & inform participants & instructors.	Dynamic risk assessment. Correct supervision and group control by instructor, safety brief.	
Bridge Stanchions'	Club Members	S = 4 L = 3 = 12 Med Avoid paddling in front of bridge Stanchions, as this may lead to a capsize.	Correct supervision and group control by instructor, safety brief. Dynamic risk assessment.	

Handout (1) CALCULATION OF RISK SEVERITY

In assessing a RISK you need to take into account two factors:

- (1) How serious could an injury be?
- (2) How likely is it to occur?

The following would be a rough guideline:

High Risk: A very serious injury that had a high probability of occurring.

Med. Risk:

Either (a) A serious injury unlikely to occur

(b) A lesser injury likely to occur

Low Risk:

Would be a slight injury that was unlikely to occur.

If you take (1) above as a scale of 1 to 5 (5 = high) Seriousness

(2) above as a scale of 1 to 5 (5 = high) Likelihood

Then, multiply them together, this would give a scale as follows:

Translating into: LOW (1-8) MED. (9-17) HIGH RISKS (18-25)

SERIOUSNESS OF INJURY

- 5 = Very high potential for multiple death and/or wide spread destruction.
- 4 = High causing death or serious injury to an individual, i.e. reportable accident under the RIDDOR regulations.
- 3 = Moderate causing injury or disease capable of keeping an individual off work for three days or more, may require reporting under RIDDOR regulations.
- 2 = Slight causing minor injuries, i.e. person able to continue work after first aid.
- 1 = No risk of injury or disease.

LIKELIHOOD OF THE EVENT OCCURRING

- 5 = Very likely, almost certain.
- 4 = Likely to occur, i.e. easily precipitated with slight carelessness for external event, e.g. vibration.
- 3 = Quite possible, the accident is only likely to occur with help, i.e. if somebody slips, failure to replace a light, etc.
- 2 = Possibly probably is low or minimal.
- 1 = Not likely at all, there is really no risk and accidents will only occur under freak conditions.